

SAGKEENG CHILD & FAMILY SERVICES INC.

WINTER NEWSLETTER 2018

CHANGES

NEW BOARD MEMBERS

CUSTOMARY CARE

INTER-AGENCY

MEETING

PRIOR & CURRENT

EVERYONE CAN PLAY

INFANT SAFETY/TIPS

JOB POSTINGS

UPCOMING

PREVENTION EVENTS

WINTER CAMP

COMMUNITY NOTICES



ADDRESS

P.O. BOX 700 PINE FALLS
MANITOBA R0E 1M0

85 MUIR ROAD WINNIPEG
MANITOBA R2X 2X7

www.sagkeengcfs.org

BOARD OF DIRECTORS

GLENN A HENDERSON

RON A FONTAINE

BRENDA MORRISSEAU

RON J FONTAINE

DONNA SAIS

EXECUTIVE DIRECTOR

FRANK DANIELS

Customary Care

“Customary Care means care provided in a way that recognizes and reflects the unique customs of a community”.

In Manitoba the provincial government began discussion on implementing a Customary Care approach within the Child and Family Services system. Sagkeeng Child and Family Services (SCFS) is currently one of these First Nations Child Welfare agencies which is working with The Southern First Nations Network of Care in order to reintroduce the customary care practices of previous generations.

Historically, customary care was a way of life. Everyone was involved in raising and providing care for one another as this was the traditional way of care that is provided by the family and within it's community. It preserves a child's cultural identity, respects the child's heritage, facilitates cross-generational connections and recognizes the role of the community in raising its children. The First Nation community is to establish the practice of customary care and to identify it's roles within the community when raising it's children.

Sagkeeng CFS is committed to planning, developing and implementing Customary Care practices into the community. Community feed back presentations took place within Sagkeeng on October 5th, more presentations took place in the schools on December 6th and a sharing circle took place on December 13, 2017.

There will be ongoing updates in our next newsletter regarding the progress with Customary Care and the possibility of the passing of new legislations regarding Customary Care.

PREVENTION SERVICES & EVENTS

Sagkeeng Child and Family Services held an Inter-Agency meeting on January 9th, 2018. This meeting was to discuss how community organizations could better work together in order to create effective programming for the children and families of Sagkeeng.

Representatives from these organizations within the community who were in attendance:

- Jordan's Principle Staff
- Manitoba First Nation Resource Centre
- Sagkeeng Junior High School
- Sagkeeng High School
- Sagkeeng Employment and Training Services
- Sagkeeng Treatment Centre
- Sagkeeng Heritage
- Sakeeng Anicinaabe School

All shared great information with one another in order to help break the barriers and address what is needed for the children, their families and the community.

Family Enhancement Prevention Services Programing

The Prevention Services Workers will be facilitating a six (6) week program on Healthy Choice that will begin on January 30th and will run until March 6th, 2018.

There are two locations which are accessible to those living in the community or in Winnipeg:

- 1pm-4pm will be at the Family Enhancement Building Lot 329 North Shore Road Sagkeeng.
- 5:30pm-8pm will be at 85 Muir Road Winnipeg.

For more information and to register you can contact Vera Bruyere in the Sagkeeng Office at 204-367-2215 or Tonya Field in the Winnipeg office at 204-949-1649.

EVERYONE CAN PLAY A GUIDE TO RECREATIONS AND SPORTS SUBSIDIES

There are a number of organizations and community groups that offer recreational programming free of charge. However, a majority of organized sports, recreations classes and fitness facilities do charge fees to participate or gain access. A subsidy is typically used to reduce the cost of registration for recreation programming, sports participants or membership to recreation center and help to promote active living for families who would not be able to participate. Below is a list of subsidy programs in which may be able to assist you;

- Canadian Tire Jumpstart
- General Council of Winnipeg Community Centers Programs
- Registration Fee Subsidy
- Manitoba Camping Association Sunshine Fund
- YMCA-YWCA of Winnipeg
- City of Winnipeg's Fee Subsidy Program
- Recreational Opportunities for Children
- KidsSport Manitoba

For more information you can visit winnipegimotion.ca

WATCH OUT FOR INFORMATION REGARDING
THE FAMILY ENHANCEMENTS WINTER CAMP AT WINDY HILL

INFANT CARE OVERHEATING

Winter is now upon us, which often accompanies contrasting temperatures both indoors and outdoors.

Please be aware as care givers to younger children that you need to pay attention to current practices and knowledge on the subject of infant overheating when traveling.

A recommendation from the Child Protection Branch outlines Tips and Safety for dressing babies for cold weather as over heating can be dangerous for babies. Over heating can cause major discomfort, illness and in extreme cases, even death. It's therefore important to be aware of the signs of overheating.

Babies can only communicate through crying when they become uncomfortable though some fall asleep when they are too warm. One way to tell if your baby is too hot is checking the back of the neck. If it feels quite warm or has become clammy, remove any extra clothing right away. It is important to know that overheating presents a risk for SIDS (Sudden Infant Death Syndrome). Babies can overheat because of too much bedding or clothing, or because the room temperature is too hot. Babies do not need hot rooms; keeping the room temperature comfortable for an adult or about 20C to 22C.

Over heating- Reducing the Risk

- Babies who are ill or feverish should not be over dressed, they need fewer clothing on in order to prevent over heating.
- Babies should never sleep with hot water bottles, electric blankets, heating pads, next to a radiator, heater or in direct sunlight.
- Remove hats and extra clothing as soon as you come indoors or entering a warm car, bus or train, even if it means waking the baby.

For comfort and safety dress babies in a way that they can best regulate their body temperatures as they go from indoors to the cold outside, a cold car, to a warm car within several minutes and back to the cold temperatures outside, etc.



SAFETY TIPS

Babies lose much of their body heat through their heads, remember when covering up a babies head will trap heat inside the body. Remove any headgear in order to allow excess heat to escape.

Do not over dress your baby. You should dress a baby in as much clothing as you find comfortable, plus one additional light layer, such as a thin sleeper.

If you are a lone driver who is driving a significant distance, take a break to check on the baby. It may be cold outside, but cars can heat up quickly.

In cold weather be wary of thick snowsuits. Natural materials will help the baby's body with heat rather than nylon, polyester and other man-made materials. Instead of bulky snowsuits, dress baby in a lightweight jacket, a toque and tuck a blanket around the baby for warmth. Never allow your baby's head to be covered with the blanket/comforter while in a care seat as this can cause suffocation.

For these and more you can check out the website: The American Academy of Pediatrics

SAGKEENG COMMUNITY NOTIFICATIONS

SAGKEENG HEALTH CENTRE

Woman's Wellness Group starting Wednesday Evenings 5pm to 8pm
Narcotics Anonymous Meetings Thursday's 7pm-8pm
Alcoholics Anonymous Meetings Thursday's 8pm-9pm
Men's End to Aggression Mondays 9am-12pm
Woman's End to Aggression Mondays 1pm-3pm
Woman's Drumming & Singing starts Monday January 22 6pm-8pm
Nobody's Perfect Parenting Group starts Tuesday January 23, 2018 12pm-3pm
Please call Sagkeeng Health Centre for more information or to register 204-367-9990

Construction Readiness Program starts Monday January 15, 2018. Open for youth 18 to 24 years of age. Call T-Dre Player 204-367-1439.

Sagkeeng General Assembly is scheduled for Wednesday January 17, 2018. Will be held from 10am-3pm at the Sagkeeng High School Gymnasium.

OTHER NOTIFICATIONS

Understanding Your Addiction- All Nation Family Resource Centre is holding a five (5) week course starting January 18 to February 15, 2018 to register please call 204-944-4268

Ojibwe Language Table- Manitoba Indigenous Cultural Education is having classes for those who are interested in learning the Ojibwe Language. Starting Friday January 19, 2018 12pm to 1:30pm.
For more information contact Dawnis 204-942-0228

The Circle- Woman's Health Clinic is holding support groups every third (3rd) Tuesday of every month.
For more information you can call 204-947-1517

Dakota Nation Winterfest is held in Brandon, Manitoba Keystone Centre on January 25-28, 2018.

SCFS OFFICE CLOSURES According to

ANCR Coverage

Monday January 1, 2018
New Years Day
Monday February 19, 2018
Louis Riel Day
Friday February 23, 2018
Aboriginal Justice Awareness Day
Friday March 30, 2018
Good Friday
Monday April 2, 2018
Easter Monday

SAGKEENG HERITAGE

Ojibwe Language Classes Monday's 6pm-9pm at the Sagkeeng Family Enhancement Building.

Giigewigamig will be hosting a discussion on Nation Hood on February 1, 2018 starting at 10am at the Sagkeeng Treatment Centre Gym.

A Basket Social is to be held on February 24, 2018 at the Treatment Centre Gym.

For more information on these you can contact the communications public relation coordinator at 204-807-2673.

AGENCY JOB POSTINGS

Under a new Management Team, Sagkeeng Child and Family Services Inc. is a First Nations CFS Agency who strives to recruit inspired, accountable and driven individuals to join our diverse talented team of professionals. If you are an individual who is looking to commit and be a part of our progressive environment, we want you to be a part of our team!

The Agency is currently looking for:

- ✚ Intake Worker Term Position (Sagkeeng)
- ✚ Direct Service Worker Full-Time Position (Sagkeeng)

All available job position details and closing dates can be found on our web site at: sagkeengcfs.org

All resumes can be sent to the following email address: employment@sagkeengcfs.org

We thank all applicants for their submission, but only those selected will be contacted.

ON-GOING POSTINGS

AGENCY TRANSPORT DRIVERS SERVICES

A **Transport Driver** is someone who can transport a child(ren) in care to and from appointments and family visits. The Transport Driver is responsible to supervise a child(ren) at all times and during visits.

All Transport Drivers are expected to have good writing skills, as they will need to write case recordings of all transports and family visits they supervise.

A Transport Driver will need to be available on an on-call basis.

AGENCY SUPPORT/RESPITE WORKER SERVICES

A **Support Worker** is an individual, friend or mentor who guides a child/youth by building trust and modeling positive behaviors. An effective mentor understands his or her role to be dependable, engaging, authentic and tuned into the needs of child/youth they work with.

A **Respite Worker** is a person who provides care for children in a Foster home to assist the Foster Parent with short intervals of time off.

All resumes with current Criminal Record and Child Abuse Check can be submitted to Michael Gabriel (Human Resources Manager)

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